

Manual Handling – Points to consider

- Hierarchy
- Design Out
- Avoid
- Mechanical Means
- Manual Handling Assessment
- Training
- Awareness
- Storage of Materials
- PPE – Gloves, Boots etc
- Access / Egress
- Housekeeping
- Perception, TILE understanding
- Perception of High or Low Risk
- Perception of Task
- Appreciation of Load
- Designer Inclusion
- Health Surveillance



Activities

- ☞ Pipes
- ☞ Shovelling
- ☞ Strong Backs – Formwork
- ☞ Manhole Covers
- ☞ Manual Loading / Unloading Vehicles
- ☞ Heras Fencing Erection / Moving

Manual Handling – Points during Inspection

1. Induction: (contents)

- Mention of manual handling linking RA or Manual Handling Assessment – 2pts

2. Competent: (proof of training & experience)

- Tool box talk – 1pt
- Training of operative – 2pts

3. Method Statement: (MS details the following information)

- Identified mechanical means – 2pts
- Weight of heavy items identified – 1pt

4. Risk Assessment: (RA details the following risk)

- Is manual handling identified as a risk – 1pt
- Is it correctly identified at least medium/high – 1pt
- Does the control measure reduce it to low – 1pt
- Is weight identified – 1pt
- 25kg not suitable as sole control measure – 1pt



5. Briefing:

- In place – 5pts

6. Equipment & Material:

- No better alternative available – 3pts

7. Risks Controlled from Equipment & Material: (Other risks / works observed from material/equipment)

- Access – 3pts
- Crushing – 1pt
- COSHH requirements – 1pt

8. Equipment Inspected/Examined:

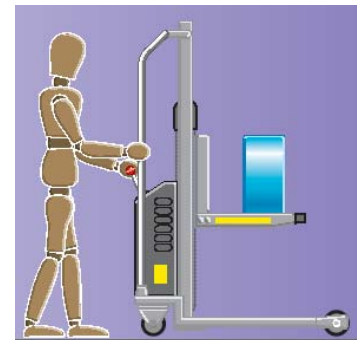
- Adequate inspections in place – 1pt

9. Personal Protective Equipment (PPE):

- Adequate PPE (gloves, boots etc) – 1pt

10. Worker describes risks Risks/Hazards:

- Hurt back / Back strain – 1pt
- Crushed hands / Risk from dropping – 1pt



11. Worker describes Control Measures:

- Can you describe the control measures for the risk – 2pts

12. Activity carried out Safely: (SWS General Observations/Personal Comments)

- Is activity being carried out safely – 3pts